

11th International Conference on Strength Training 2018

Friday 29 November – Monday 3 December

The 11th International Conference on Strength Training 2018 (ICST 2018) will be held at the Perth Exhibition and Conference Centre and Edith Cowan University, Perth, Western Australia.

The goal of ICST 2018 is to bring together strength and conditioning scientists, coaches, elite sports people and rising sports athletes to discuss emerging paradigms and breakthroughs at the forefront of strength and exercise research.

The fantastic program features a combination of international and national speakers which will be stimulating and informative for delegates and students.

Attendees will learn about recent findings in basic and translational research by hearing from international and national strength and conditioning and sports science experts, allowing new collaborations and synergies to be forged.

The final day, Monday 3 December 2018, will be hosted at ECU Joondalup campus, where you are invited to tour the University's state-of-the-art laboratories and view the facilities where our internationally renowned Master of Exercise Science, Strength and Conditioning course has been a flagship program for over 10 years. ECU was ranked in the top 20 for Shanghai Global Ranking of Sport Science Schools and Departments for 2017.

Register for the ICST 2018 & gain a scholarship toward your Master of Exercise Science (Strength & Conditioning).

As a registered delegate, you will be eligible for a Scholarship offering a 20% fee reduction toward advanced study in the field of strength and conditioning.

This excellent online program is combined with a two-week intensive Strength and Conditioning – Practicum being offered at our Edith Cowan University Joondalup Campus in Perth, WA.

Keynote Speakers:



Prof Avery Faigenbaum



Dr Shona Halson



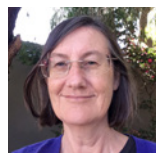
Prof Per Aagaard



Dr Charlotte Suetta



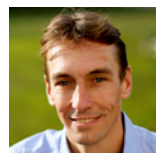
Dr Nicholas Gill



Prof Janet Taylor



Dr Duncan French



Prof J-B Morin



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For more information and register visit icst2018.com

This conference has been approved by the NSCA for continuing education units (CEUs).

